



Northern Snow Sports Club
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www.northernsnowsports.org.nz



Hi Everyone

Winters definately on its way with healthy snow capped peaks at Ruapehu and a distinctive chill to the evening air so time to wax up the skis and boards and start to get prepared for another great season! Northern Snow Sports is also gearing up with a new website currently under construction and a new look so watch this space for the official website launch plus a big thank you to the multi talented Frank Riha for his graphic design skills on the new logo and website!

The committee has been working closely with the Snowplanet Team to ensure a unified approach to membership and support both at Snowplanet and on mountain. Snowplanet will continue to provide the training programs and events inconjunction with NSS who will provide parent support, financial grants and fund raising opportunities to support our member athletes and coaches. We will be announcing the date for the annual AGM for June with a planned evening of entertainment at Snowplanet. Due to a number of athletes being overseas during the summer break we will take this opportunity to award the 2008 athlete grants and spot prizes.

As a club we are really looking forward to some exciting new initiatives for 2009 and we always welcomes new faces so please contact the club info@snowsports.org.nz if you can offer your support to NZ's fastest growing snowsports club or would like to consider an executive position on the committee. Our main focus for 2009 will be fund raising and grant applications as we appreciate snow sports can be expensive so we are currently pursuing a number of avenues and freshening up our business plan after recent discussions with SPARQ & NZ Community Trust.

NSS MEMBERSHIP PACKS Coming soon!

Complimentary Snow & Ski Magazine
Complimentary Wax Sample
10% Discount from Snow Centre
Membership Badge
Exclusive Member Discounts from Kneissl NZ on all 2009 Junior Race Skis & Poles.
Preferential rates on the 2009 Snowplanet Dual Slalom Series
Preferential Snowplanet Annual Season Pass only \$399

We have also streamlined our membership registration for 2009. Simply tick the box confirming your membership with NSS at the time you complete your enrolment with Snowplanet HPC. Snowplanet will then forward all your details and you will automatically recieve your membership pack and be registered as a NSS member - its that easy! . For any athletes not currently training under the SPHPC program please download the membership form on line www.northernsnowsports.org.nz and post to PO Box 300 2002. Northern Snow Sports recognises the expense on families and the committee will be prioritising grants for those families with multiple memberships.

HOT GOSSIP

Most of you will now know that Eduard Ebbinge has resigned as Snowplanet Managing Director to pursue other business interests and Nick Bradshaw has now joined the Snowplanet team as their new Managing Director. Vivienne Heering has also replaced Jeremy Coombes and will be working with Frank Riha to provide the Academy training program at Snowplanet including the Snowplanet HPC program. The success of this program has been phenomenal with 250 athletes now benefiting from this unique North Island training venue .

SNOW SPORTS NEW ZEALAND Junior Development Camp

Snow Sports New Zealand is hosting a **Junior Development camp 4-7th June**. The camp is open to all snow sports athletes aged between **12 – 18 year olds** and will be held in Wanaka. To register, please contact Adam Dooney 03 443 4085 ext 7 or adam@snowsports.co.nz . Limited spaces available. **If there are any North Island athletes who are interested in attending please contact the club info@northernsnowsports.org.nz so we can arrange group transport & airfares to the venue.**

This is an opportunity for pre season athlete development and will involve all snow sport disciplines. Expertise will be provided from the Winter Performance Program network and coaches from the various sports. Bringing all sports together in one camp is a deliberate initiative to generate a SSNZ team atmosphere.

Objectives: To provide the motivation, background knowledge and the skills to properly prepare for a season of skiing and riding at a competitive level.

Structure: This is a four day camp involving dry land conditioning, mental and physical skills training, nutrition and ski/board preparation workshops. Two sessions will be run each day for two groups. A separate group and provider will be organised to adapt the physical components of the camp for skiers/riders from Adaptive Snow Sports New Zealand. Night time entertainment will involve a trip to the Big Bounce, Paradiso Cinema and the heated Oak ridge pools. All athletes will be staying together at the Base Backpackers in dorm accommodation. A camp organiser will be staying at the backpackers each night.

Timing and Location: This will be based in Wanaka from 4 - 7th June. Sessions will be based at various locations around Wanaka. Cost is \$150 and includes accomodation for 3 nights; breakfast & dinner; pool entry & cinema entry. Excludes lunch and transport to Wanaka.

Time	Thursday 4th	Friday 5th	Saturday 6th	Sunday 7th
Session 1	Intro to being a world class athlete	Planning a training and competition Program	Introduction to Sports Nutrition	Introduction to ski and board preparation.
Facilitator	Tom Willmott	Tom Willmott/Pete Sanford	Caz Walker	Grant Winslow/ski connect
Session 2	Introduction to physical training for Snow Sports	Aerobic Training	Tramp/Gymnastics session	Camp Debrief
Facilitator	Val Burke	Val Burke	Gym Sports New Zealand	Adam Dooney
Sessions for Adaptive athletes				
Night entertainment	Paradiso Cinema	The Big Bounce	Tramp session/Oak Ridge Pools, Dine Out	Everyone leaves for home

Cardrona HPC Program, have you booked? There are a number of members attending the Cardrona HPC Training Program over the coming school holidays please email Northern Snow Sports committee member Michael Davies michael@retroscooter.co.nz or 0274 722 954. There are also holding some flights with Air NZ to Queenstown for \$380 child \$498 adult return if anyone is interested.

We are offering a 2 week camp only \$1000.00

Accommodation - Windermere Farm Wanaka \$225.00 child 15-days (\$330 Adult 15-days)

Season Pass \$170.00

TOTAL \$1395.00

The only costs payable to NSS are the training and season pass - which is \$1170.00, this must be paid as one payment to benefit from the group discount .

Exclusions - airfares, meals, transport up mountain, equipment etc.

Turoa Training Program 2009 **Limited Spaces!**

Snowplanet HPC is currently finalising training at Turoa for alternate weekends and school holidays . This program will also be fully supported by our NSS parent community to ensure its success and assist our members . To register please email frank.riha@snowplanet.co.nz or info@northernsnowsports.org.nz with your preferred dates so we can confirm your placement. For those who have already expressed an interest we will be sending communication confirming pricing shortly. Training will start 5th August 2009. NSS will be co-ordinating carpooling, accomodation options and any other assistance required so please let us know how we can help!

SRNZ Calendar 2009. Remember if you are wishing to enter any SRNZ races this season you will need to ensure your membership is up to date for the 2009 season and please email info@northernsnowsports.org.nz so we can ensure you are represented at all pre race meetings. The club will arrange to support all athletes at these events and you will need to have a NSS committee member or coach approval to verify your entry.

More news to come soon...

Suzie Jones
NSS President
Te Karapu Tākaro - Tairunga Papahuka